

Integrated Child & Youth Teams

Overview and Introduction

BC Confederation of Parent Advisory Councils Conference

Presented by Asli Kucukbumin and Julie Strutt

May 5, 2023



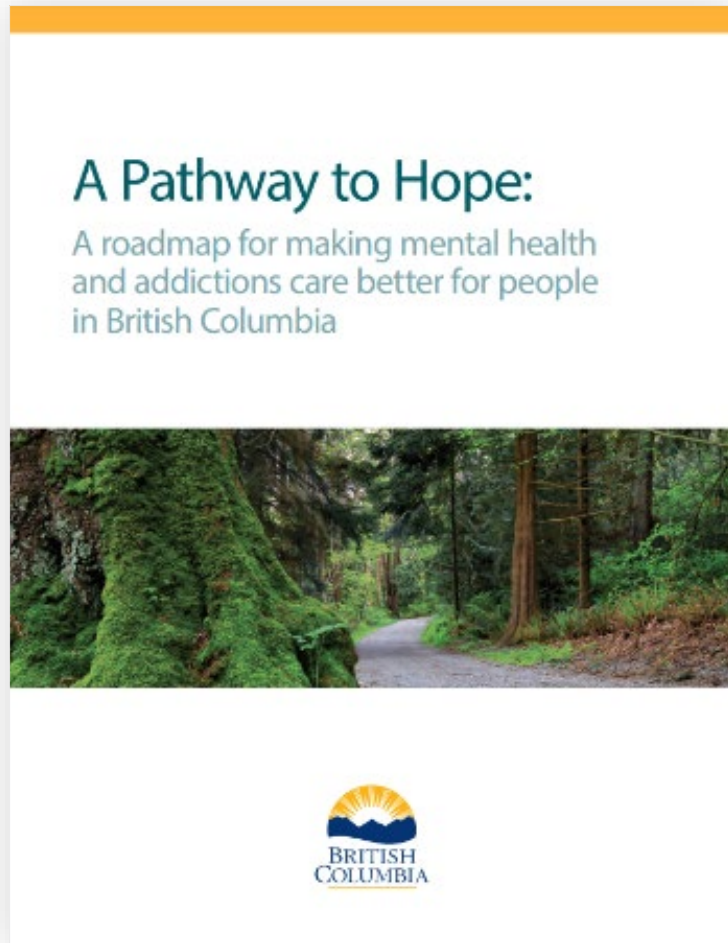
Welcome and territorial acknowledgement

We would like to acknowledge, with gratitude, that our meeting today takes place on the traditional territories of the Tsawwassen, Sto:lo, Kwantlen, Stz'uminus̓ Musqueam Nations (also known as the Coast Salish peoples)

Photo: SNIDÇEŁ, (pronounced 'need-kwith')
Also called Tod Inlet, Saanich BC



A Pathway to Hope Commitments (2019)

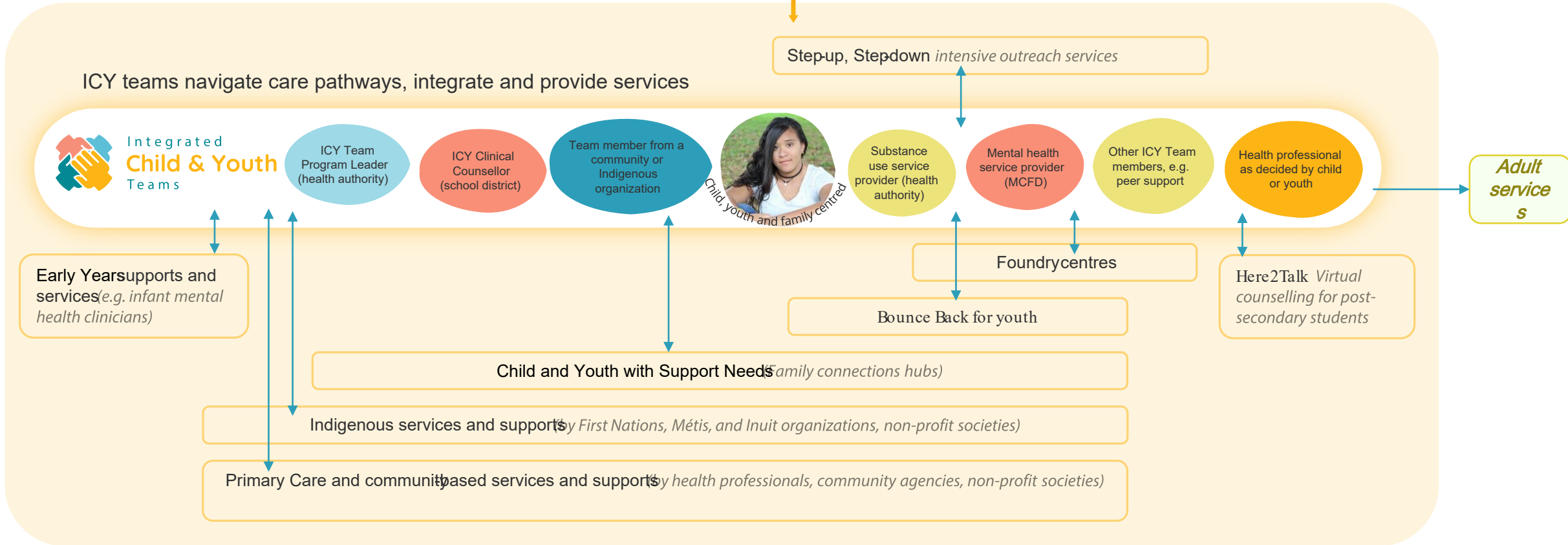


IMPROVED WELLNESS FOR CHILDREN, YOUTH AND YOUNG ADULTS	SUPPORTING INDIGENOUS-LED SOLUTIONS	SUBSTANCE USE: BETTER CARE, SAVING LIVES	IMPROVED ACCESS, BETTER QUALITY
Support for pregnant individuals and parents with substance use challenges	Implement the Tripartite MOU with the FNHC, FNHA and Government of Canada	Framework for improving substance use system of care	Expand access to affordable community counselling
Promote early childhood social emotional development	Develop 10-year strategy to achieve progress on the social determinants of health and wellness	Ensuring best evidence guides care in B.C.	Team-based primary care (with mental health and substance use professionals) and specialized services
Enhance programming in early childhood centres	Embed cultural safety and humility across the provincial system	Increase access to evidence-based addiction care	Enhanced provincial crisis lines network
Expand Confident Parents: Thriving Kids	Expand First Nations-run treatment centres	Integrated team-based service delivery to connect people to treatment and support ongoing recovery	Framework and standards to improve care under the Mental Health Act
Expand Foundry Centres	Expand Indigenous land-based cultural and healing services	Overdose emergency response, including community-based harm reduction services	Implement peer support co-ordinators
Mental health in schools	Enhanced capacity for Métis Nation BC for priority setting and planning	Supportive recovery services	Develop peer support worker training resources
Establish Integrated Child and Youth Teams	Support First Nations-led primary health care initiatives	Provincial Peer Network	Expand Bounce Back
Step up/down: Specialized care home beds and intensive day programs			Mental Health and Wellness Disaster Recovery Guide
Create virtual counselling for post-secondary students			Workplace mental health
			Create a web-based portal (focused on children and youth)

Flow of services for children, youth and young adults

Specialized Interventions

Moderate/Complex Interventions



Mental Wellness Promotion and Prevention

Early Childhood

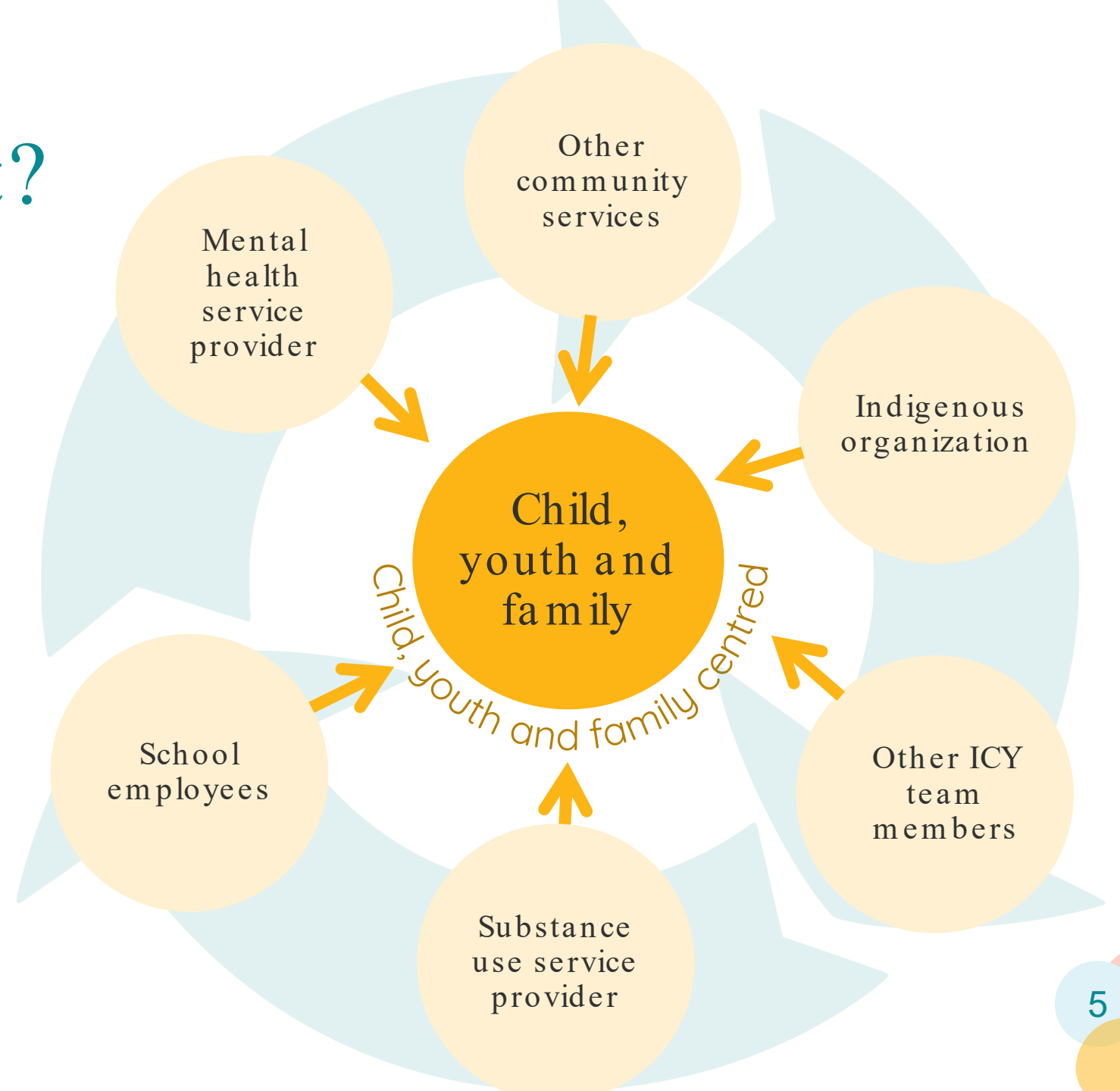
School Age

Young adult

What's different?

With ICY teams:

ICY team members help navigate, integrate and provide wraparound mental health and substance use services to children and youth



What are ICY teams?

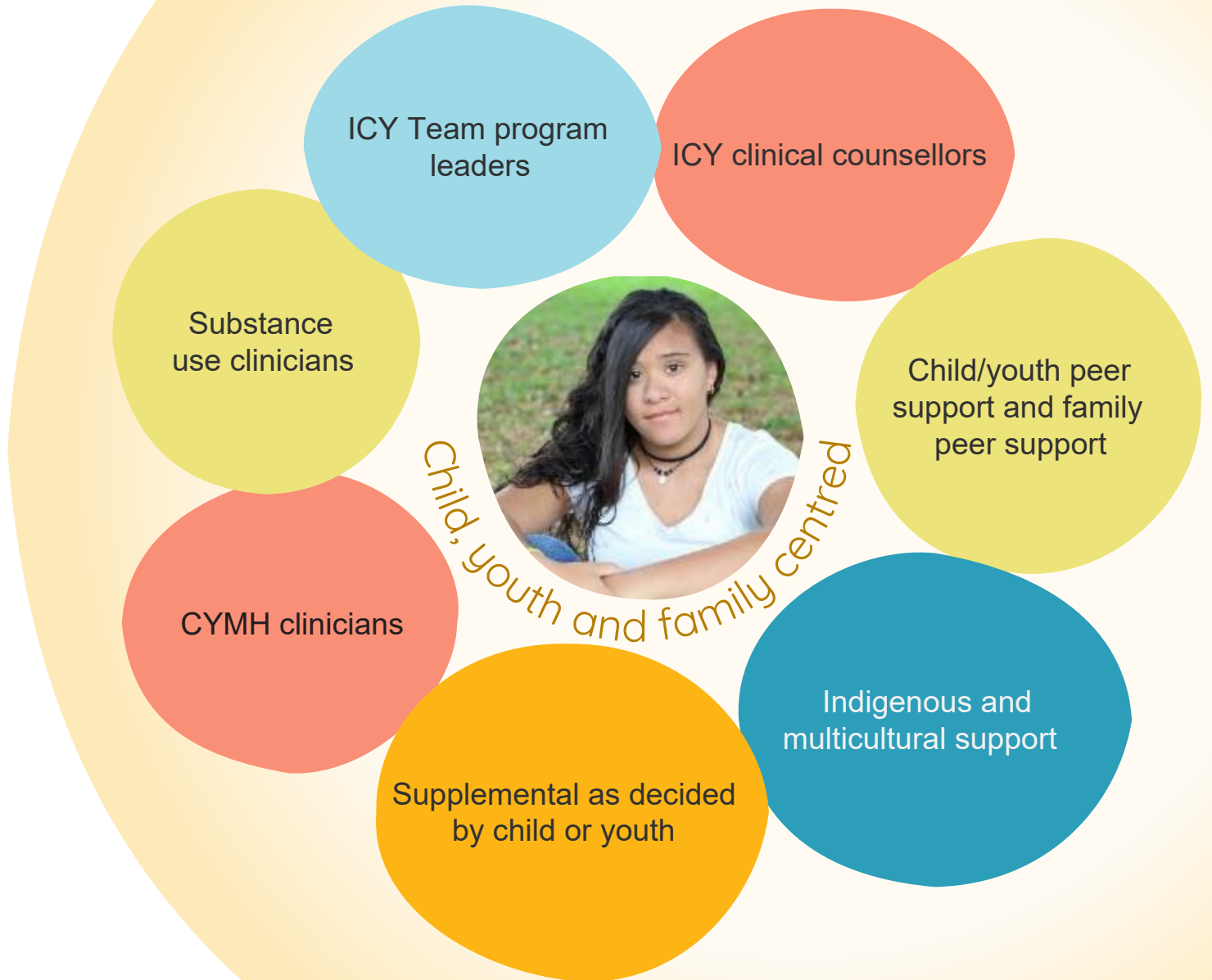
- Community -based teams delivering wraparound services and supports for children and youth
- Easier for children and youth to connect to care – at school and in the community
- Team members work in a structured, integrated, multidisciplinary team, sharing information



Core ICY team members

- Where positions exist, they join ICY teams
- Where ICY core team positions do not exist, new positions will be funded
- Additional team members may be added (e.g., GPs, social workers, coaches, support people, Elders, other counsellors or professionals) to a child/youth's integrated care team

ICY Teams



Who ICY teams serve

- Serving all children, youth and families within a school district boundary, including those in any school or not at school
- Young people connect to ICY teams based on geographic location
- Serving children, youth and families from early years to age 19 (up to age 21 if receiving ICY team services)

Where and how teams serve

- Services provided in a variety of settings such as offices, schools, community centres, coffee shops, and out in communities
- ICY teams work towards culturally safer, distinctions -based, and child -, youth -, family - community - and First Nation -centred approaches, (continually engaging and communicating with Indigenous partners) – unique to each community
- Teams embrace strengths -based, cultural humility/safety and trauma -informed practices



ICY teams in school district areas

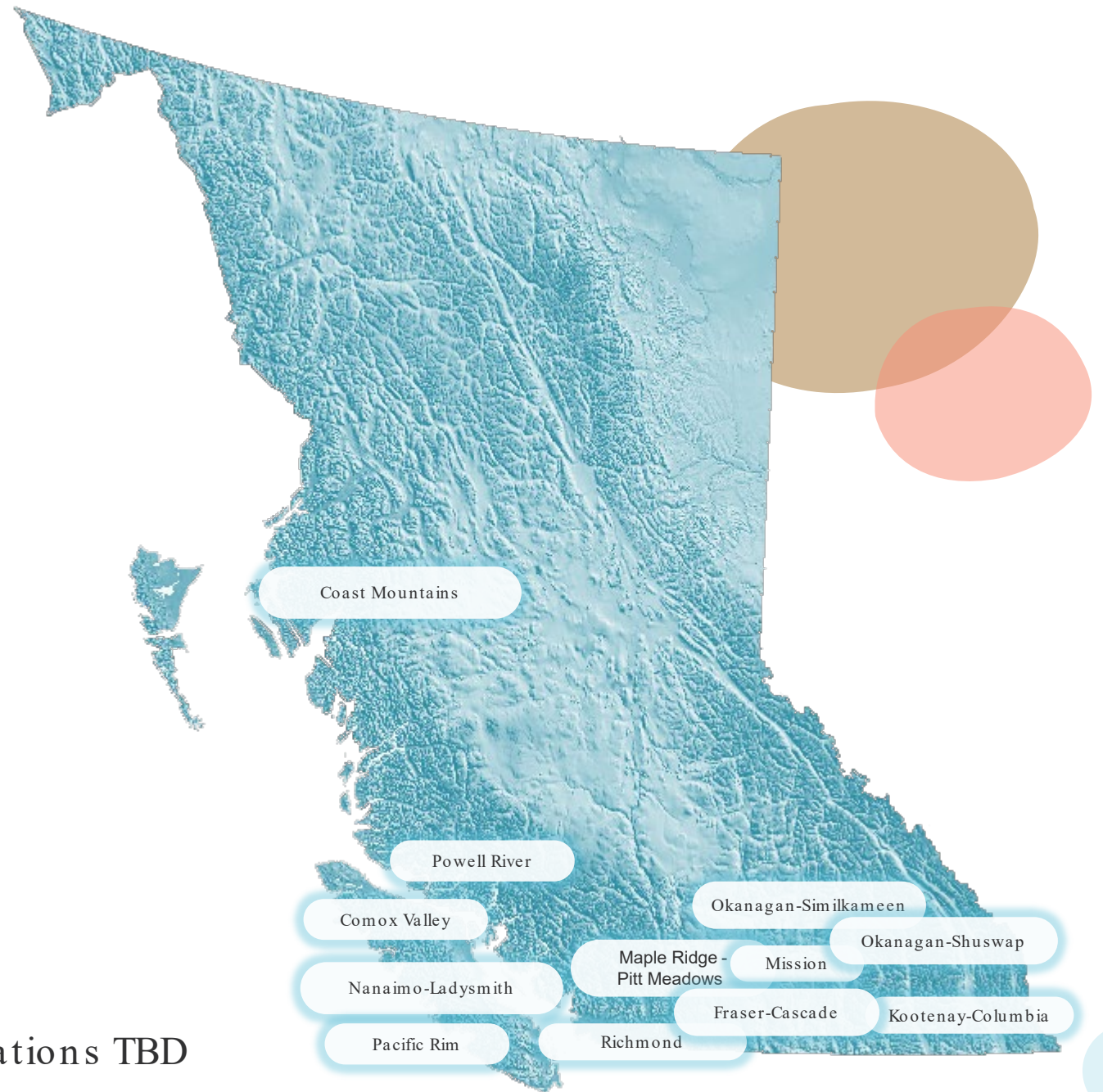
2021-22

- Comox Valley
- Maple Ridge-Pitt Meadows
- Richmond
- Coast Mountains
- Okanagan-Similkameen

2023-24

- Fraser-Cascade
- Kootenay-Columbia
- Mission
- Nanaimo-Ladysmith
- Okanagan-Shuswap
- Pacific Rim
- Powell River

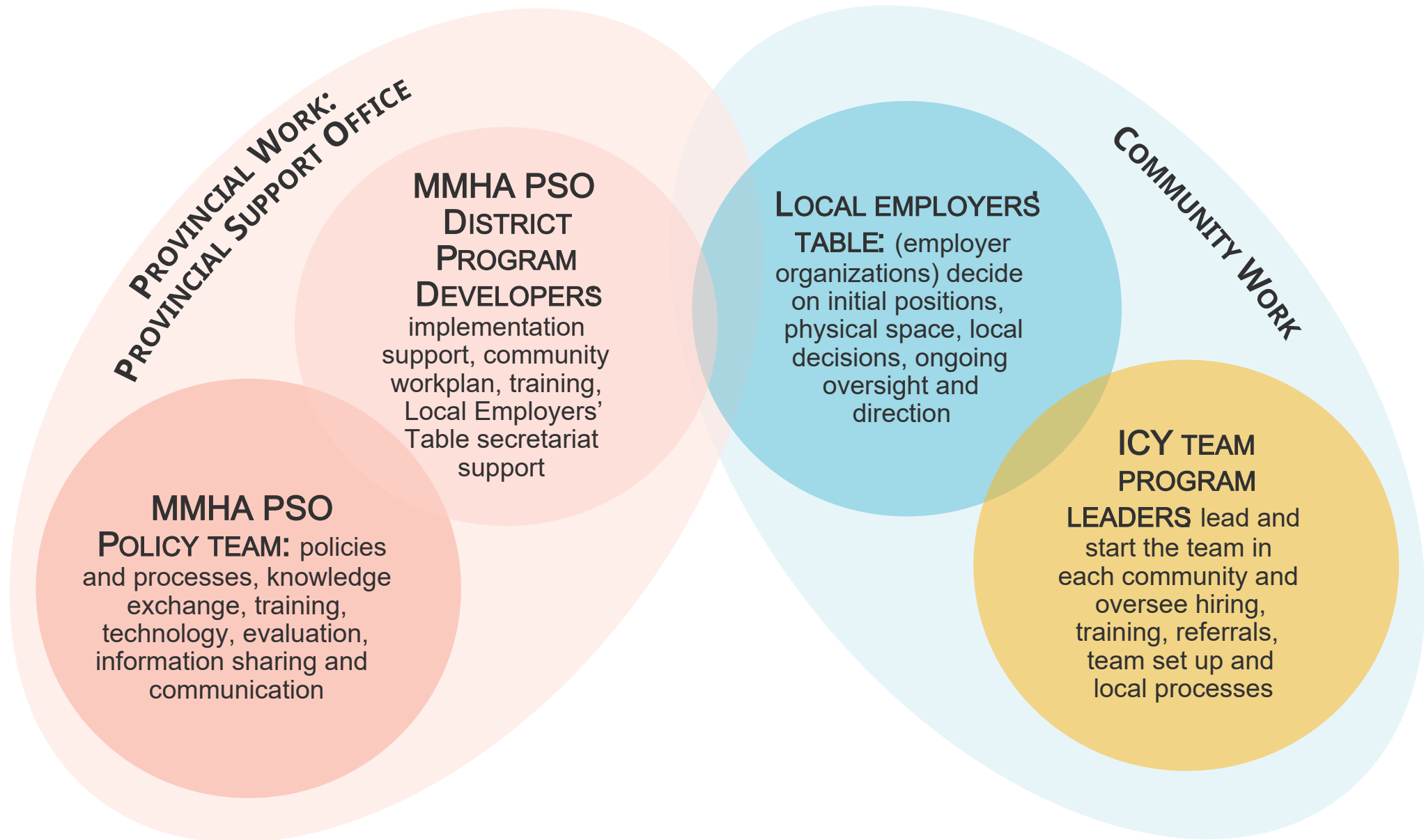
2024-25: eight more school districts, locations TBD



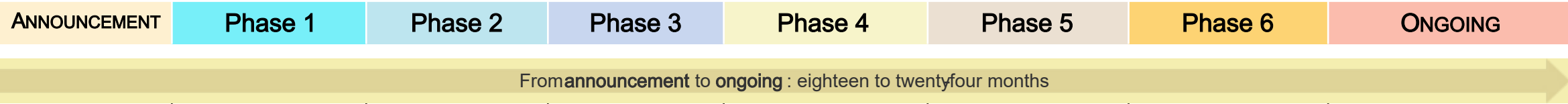
Community selection

- In depth research & analysis
- Used data reports, partner input, surveys and multiple factors considered including demographics, needs, strengths, geography, readiness
- Considered proximity to existing ICY teams

ICY team start-up and development



Care Transformation as ICY teams implement



Foundation for Integrated Child and Youth Teams

Work planning & change mgmt. begins

Increased collaboration

Community-specific integration approach

Hiring and training net new positions

Information Sharing Agreements

Referrals to ICY teams accepted at multiple access points

Local Governance

Hiring begins

New ICY spaces

Community Pathways & Waitlists First

ICY Teams use common tools for integrated care

Outbound/ Outreach available for all ICY services

Experience for children, youth and families

Existing Services

Increased Outbound/ Outreach

New services available

More seamless experience

Multiple Access Points

Access to multiple alternative services

Thank you!



Integrated
Child & Youth
Teams

